



Mary Ann Thompson, ACC Phone: 607.786.3654
E-mail: maryann@achievegoal.com

Follow the path to achieve your goals.

Give Up the Idea of Doing Anything Alone!

Join a Mastermind Group

New Mastermind Groups for Business Owners Forming

Mastermind Groups are groups of 5 - 8 individuals who meet regularly and are all committed to the same goal of attaining success.

You may have heard the expression that "two heads are better than one". Imagine if you had 6 or even 8?

Napoleon Hill coined the concept of the Mastermind in his book "Think and Grow Rich" based on the belief that a group of like-minded, achievement-oriented individuals could dramatically leverage each other's success. He learned about the Mastermind from Andrew Carnegie. Carnegie said his wealth and success were due entirely to the Mastermind process of combining the power of several minds to solve problems, seek advice and achieve goals. It simply creates better results than "going it alone". Those feelings of uncertainty and insecurity can be overcome by "giving up the idea of doing anything alone" and joining a Mastermind Group.

While you will not be receiving formal training in the group, members will share and examine each other's business activities, goals and problems. In essence, members act as each others informal Board of Directors providing support, encouragement, helpful feedback, new ideas and energy.

These groups are for you if you are:

- looking to meet with other like-minded business owners who are interested in moving their business forward.*
- ready to set goals and develop strategies to achieve those goals.*
- willing to share your experience and skills to support all of the group members in being successful.*

The purpose of the Mastermind is to provide problem-solving and creativity among members and to provide a safe, constructive environment in which members act in a collaborative, rather than competitive spirit towards everyone's success..

Led by an experienced facilitator, sessions will be lively and interactive sessions and when requested, include discussion around such topics as fear, isolation, overwhelm, procrastination, etc. that business owners may experience.

To help the members flourish as a group, all will be invited to join in an e-mail exchange, in order to stay in communication and support each other in-between sessions. Also, this system allows the facilitator to be available to strengthen and support the group on the path to achieving their goals.



Mary Ann Thompson, ACC Phone: 607.786.3654
E-mail: maryann@achieveagoal.com

Follow the path to achieve your goals.

Where:

IOS (Integrated Office Solutions)
162 Court Street, Binghamton, N.Y
www.IntegratedOfficeServices.com

When:

Six Weds. 6:00 - 7:30 p.m. : May 18, 25 June 1, 8, 15, 22

Each session is 1 1/2 hours.

Facilitator: Mary Ann Thompson, ACC
ICF Certified Life & Small Business Coach
Mastermind Facilitator of the Entrepreneurial Assistance Program at Broome
Community College in Binghamton, N.Y.
Owner of Achieve since 2002
Visit: www.AchieveAGoal.com

Fee: \$89.00 Must Pre-register. (Seating is limited to 8.)

To Register: **Please call Mary Ann @ 786.3654 to enroll in the group of your choice.**
Please act promptly as only 8 Seats are available.

* Note: For payment by check: Please make check payable to: Achieve.
Mail to: Achieve, P.O. Box 5618 Endicott, NY 13760-5618.

Payment by Credit Card: Via Paypal - Paypal account not required.

(Please note there is no refund or discount for missed sessions.)

*For more information and to register please feel free to contact Mary Ann Thompson at
607.786.3654 or e-mail: maryann@achieveagoal.com*