



Give Up the Idea of Doing Anything Alone!

Join a Mastermind Group

*You may have heard the expression that
"two heads are better than one."*

Imagine if you had 6 or 8 or even ten?

Napoleon Hill coined the concept of the Mastermind in his book "Think and Grow Rich" based on the belief that a group of like-minded, achievement-oriented individuals could dramatically leverage each other's success. He learned about the Mastermind from Andrew Carnegie. Carnegie said his wealth and success were due entirely to the mastermind process of combining the power of several minds to solve problems, seek advice and achieve goals. It simply creates better results than "going it alone". Those feelings of uncertainty and insecurity can be overcome by give up the idea of doing anything alone and joining a Mastermind Group.

***Achieve Mastermind Groups** are groups of 8-10 sole-entrepreneurs who meet regularly and are all committed to the same goal of attaining success in delivering a product or service.*

While you will not be receiving formal training in the group, you will be setting goals for yourself and working to attain them while receiving the support, encouragement, helpful feedback, new ideas and energy to move your business forward. Members can share and examine each other's business activities, goals and problems. (In essence to act as each others informal Board of Directors.)

These groups are for you if you are:

- Looking to meet with other like-minded business people who are interested in moving their business forward.*
- Ready to set goals and develop a strategy to achieve those goals.*
- Willing to share your experience and skills to support all of the group members in being successful.*

The purpose of the Mastermind is to provide problem-solving and creativity among members and to provide a safe, constructive environment in which members can examine their business and activities, decisions, goals and problems. Group members act in a collaborative, rather than competitive spirit.

Led by an experienced facilitator, sessions will be lively and interactive sessions and when requested, include discussion around such topics as fear, isolation, overwhelm, procrastination, etc. that sole entrepreneurs may experience.

To help the members flourish as a group, all will be invited to join a Yahoo Group. This system allows group members to stay in communication and support each other via e-mail in-between sessions. When one posts a note, all in the group see it simultaneously. Also, this system allows the facilitator to be available to strengthen and support the group on the path to achieving their goals. (Members from the previous groups have enjoyed this system and have used it to support each other.)

How Mastermind Works

Groups of 8 - 10 individuals meet every other week for six weeks for 90 minutes by teleconference or in-person at a predetermined location.

*The Fee is *\$149 per person and includes:*

- Six 90-minute group sessions facilitated by Mary Ann.
- Agendas for each session will be co-created by the group.
- Minutes of each session documented by Mary Ann.
- Unlimited e-mail support in-between sessions from Mary Ann.
- Yahoo E-mail Group for group members to e-mail each other for insights, updates, questions, challenges and support and to provide archive of communication and minutes.
- One 60 minute telephone session for each group member with Mary Ann.

For more information please feel free to contact Mary Ann Thompson by phone at 607.786.3654 or e-mail: maryann@achieveagoal.com

* Please note there is no discount or refund for missed sessions.